

**The 2008 NGA  
Southern States Natural Extravaganza Novice Classic  
Bodybuilding & Figure Championships  
Friday May 9, 2008**

- Eligibility:** Open to all amateur athletes who hold a current NGA card. Cards may be obtained on show date -- \$35 for US, \$46 for Canadian and other.  
**All Athletes will be required to take a seven (7) years drug-free polygraph.** See **2008 LIST OF NGA BANNED SUBSTANCES**. Novice competitors must have never won a Novice Class or placed in top 3 of an Open Class.
- Place:** **Stafford Civic Center**  
**1415 Constitution Ave**  
**Stafford, Texas 77477** Phone (281) 499-5763
- Contest Hotel:** **LaQuinta Inn Stafford/Sugarland**  
12727 Southwest Freeway  
Stafford, TX 77477 Phone (281) 240-2300  
Rate: \$69 per night, double  
**Ask for Natural SSNE Bodybuilding group rate. Reserve by April 5, 2008**
- Times:** **Athletes meeting Friday, May 9, 2008, 5:45pm at the Theatre.**  
**Prejudging: Friday 6:30pm.**
- Tickets:** Tickets for the show may be purchased by mail or at the door.
- Music:** Contestants must bring a **prerecorded cassette tape or CD, preset to a maximum of 60 Seconds.** Posing music must be the only song on the cassette or CD.
- Awards:** Awards will be presented to the top 5 competitors in each class.  
Overall trophies awarded in divisions with two or more weight classes.
- Entry Fees:** **\$40 per division entered. Certified Check or Money Order payable to:**  
**Showtime Personal Training** (no refunds on entry fees)
- Late Entry:** **Entry after April 12<sup>th</sup> will be \$75 additional per division.**
- Testing Fee:** **\$45 cash only payable to polygrapher at the time of your test.**
- Entry Deadline:** **Entries must be postmarked by April 12, 2008.**  
**Absolutely no entries will be accepted after April 19, 2008**
- Polygraph Testing:**  
Wednesday May 7th, for in town contestants  
Thursday July 8th for surrounding area  
Friday July 9th for out of area contestants
- More Information:** Call (214) 563-9583. Email [showtimefitness@aol.com](mailto:showtimefitness@aol.com)
- Send all completed entry forms and fee to:** **Dion Benjamin**  
**366 Saint Claire Dr.**  
**Alpharetta, GA 30004**

# Southern States Natural Extravaganza Novice Classic Entry Form

## CLASSES

Men's Novice ( ) LIGHTWEIGHT UNDER 172 LBS.  
( ) MIDDLEWEIGHT 173 TO 190 LBS.  
( ) HEAVYWEIGHT OVER 191 LBS.

Masters Men ( ) 40-49  
( ) 50+

Women's Novice ( ) LIGHTWEIGHT UNDER 118 LBS.  
( ) HEAVYWEIGHT 118 LBS. and over

Masters Women ( ) 40+

Teen ( ) Men  
( ) Women

Novice Figure Your height \_\_\_ft. \_\_\_in. Will be divided evenly into 2 classes by height.  
Masters Figure 40+ (One Class Only)

### -----PLEASE PRINT-----

TEL# Night \_\_\_\_\_

NAME \_\_\_\_\_ AGE \_\_\_\_\_ TEL # Day \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

GYM REPRESENTING \_\_\_\_\_ Approximate Contest WT. \_\_\_\_\_

Occupation \_\_\_\_\_ Yrs. training \_\_\_\_\_

Is this your first time to compete? \_\_\_\_\_

Special thanks to: \_\_\_\_\_  
(Name persons to be mentioned by emcee in 10 words or less.)

WAIVER: In consideration of your accepting this entry, I hereby intend to be legally bound for myself, my heirs, executors and administrators, and waive and release any and all rights and claims for damages I may have against the National Gym Association. (NGA), Stafford Civic Center, Dion Benjamin and any sponsors, agents, representatives and assigns for any injuries and/or losses suffered by me as a result of my participation and/or attendance at the 2008 NGA Southern States Natural Extravaganza Novice Classic Friday May 9, 2008. I understand that, in order to compete in a NGA-sanctioned event, I will be required to submit to up to two (2) drug tests to validate a seven year abstinence from the use of any type of steroids, hormones, prohormones, prescription diuretics and any and all other compounds deemed illegal by the decision of the NGA concerning my participation in an NGA-sanctioned contest pending the results of one or both tests, as well as my adherence to all NGA rules and regulations. Failure to pass NGA drug tests or failure to adhere to NGA rules and regulations will result in my expulsion from the competition in question, as well as loss of NGA eligibility for seven years. I also agree to submit to any and all out-of-season testing required by NGA and agree to stand by the results of said testing, whatever it may be.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

SIGNATURE OF PARENT OR GUARDIAN (IF UNDER 18). \_\_\_\_\_

# 2008 NGA Southern States Natural Extravaganza

(Page 3—General Information Continued)

## **Ticket and Seating Information:**

### **Seating:**

Seating will be General Admission and V.I.P.—for both prejudging and evening.

Doors will open ½ hour before prejudging and evening show.

*Seating is limited*, so be sure to buy tickets in advance!

### **Ticket Prices:**

**Novice Classic** \_\_\_\_\_ **\$25.00**

### **Prejudging**

General Admission \_\_\_\_\_ \$20.00

Children 5 to 12yrs. \_\_\_\_\_ \$5.00

### **Evening Show**

General Admission \_\_\_\_\_ \$35.00

Children 5 to 12yrs. \_\_\_\_\_ \$10.00

### **Combo Tickets**

(Includes both Prejudging and Evening Show)

General Admission \_\_\_\_\_ \$45.00 V.I.P. (1\* five rows) \_\_\_\_\_ \$50.00

**\*\*Please Note that V.I.P Tickets must be purchased by April 1<sup>st</sup>**

**\*\*\* CHILDREN UNDER 5 ARE FREE\*\*\***

To purchase tickets by mail, please send a check or money order with a self addressed stamped envelope to:

**Dion Benjamin**

**366 St. Claire Dr.**

**Alpharetta, GA 30004**

***Before April 1<sup>st</sup>***

Tickets will be mailed, on any order received prior to April 1<sup>st</sup>.

After April 1<sup>st</sup> tickets can be purchased at the door

### **Preferred Hotel:**

**LaQuinta Inn** – 12727 Southwest Frwy, Stafford, TX 77477 – (281) 240-2300

Registration will take place at LaQuinta Inn, Friday, November 2<sup>nd</sup>, from 10 AM - 8 PM.

When making reservation mention group rate for SSNE.

Hotel has free parking, close by restaurants, and fitness center. Room includes Free Hot Buffet Breakfast.

Located approximately 6 minutes from event site.

**Contact event Promoters for list of other area hotels!**

### **Directions:**

**To Stafford Civic Center** – 1415 Constitution Ave, Stafford, TX 77477 – (281) 499-4472

#### ***From I-59 South:***

Exit W. Airport Blvd/Kirkwood take left onto W. Airport Blvd, Right on FM-1092, Left on S. Main St, Right on Staffordshire, Left on Constitution Ave.

#### ***From I-59 North:***

Exit US-90 ALT, merge onto US-90 ALT E, Right on Staffordshire, Left on Constitution Ave..

**To LaQuinta Inn** – 12727 Southwest Freeway, Stafford, TX 77477 – (281) 240-2300

#### ***From I-59 South:***

Exit Corporate Drive/US Highway Alt 90 - Stafford / Sugar Land. Before you reach traffic light there will be a U-turn to your left under US59. Take this U-turn and stay on feeder road. The hotel is on the right behind IHOP.

#### ***From I-59 North:***

Exit Kirkwood. Hotel is on right behind the IHOP

### **For more information contact:**

**Dion Benjamin—214-563-9583; email: [showtimefitness@aol.com](mailto:showtimefitness@aol.com)**